



# Report Identifying Vital Services Accessibility

# METLAKATLA INDIAN COMMUNITY

There are 10 Vital Services for:

## SURVIVING

&

## THRIVING



Medical and dental care



Behavioral health care



Housing security programs



Food security programs



Transportation to vital services



Parent supports



Early childhood education



Community schools



Youth mentorship programs



Job training

Partnered with:



**Trust**  
Alaska Mental Health  
Trust Authority

Alaska Department of Family and Community Services  
**Office of Children's Services**

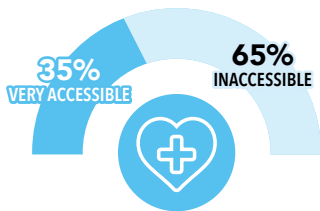
## OUR SURVEY ASKED RESIDENTS IF THEY HAD ACCESS TO 10 VITAL SERVICES.

Metlakatla Indian Community conducted a survey of residents over age 18 from January 19-31, 2024 utilizing the 100% Community model by Katherine Ortega Courtney, PhD and Dominic Capella. The 100% Community model rates the accessibility to ten vital services. The accessibility rating in each category is an average of only those respondents who reported trying to access these resources in their community. Respondents were asked if they have utilized or attempted to utilize each of the 10 vital services in their community. If they said they had utilized or attempted to utilize the service, they were asked to rate how hard it is to access the services on a scale of 1-10, 1 being easy and 10 being hard. They were also asked to describe any barriers they experienced in accessing services.

Very accessible means that respondents find it easy to access comprehensive and affordable services in their community. Inaccessible means that respondents find it difficult to access comprehensive and affordable services in their community.

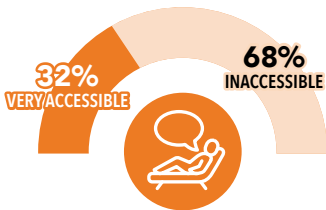
### 5 Services For **SURVIVING**

#### Medical and Dental Care



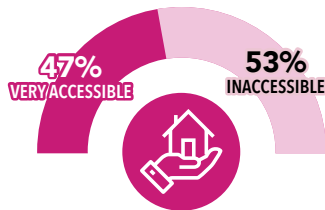
Respondents were asked to rate how accessible Medical and Dental Care is in their community. Medical and Dental Care increase health and longevity.

#### Mental Healthcare



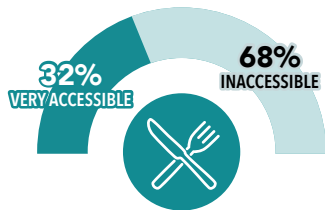
Respondents were asked to rate how accessible Mental Healthcare is in their community. Mental Healthcare services have counselors to speak with about emotional challenges and childhood experiences and trauma.

#### Housing Security Programs



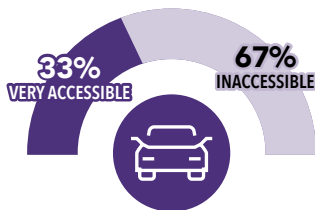
Respondents were asked to rate how accessible Housing Security Programs are in their community. Housing Security Programs provide safe spaces and prevent homelessness.

#### Food Security Programs



Respondents were asked to rate how accessible Food Security Programs are in their community. Food pantries and food security programs reduce hunger.

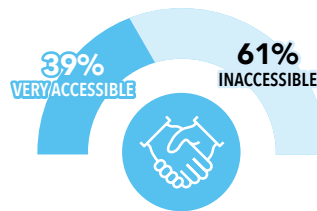
#### Public Transportation



Respondents were asked to rate how accessible Public Transportation Assistance is in their community. Public Transportation assistance ensures residents get to vital social services, work, and school when necessary.

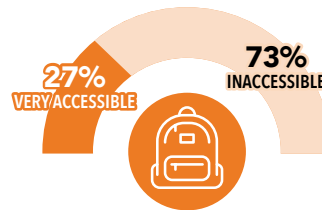
### 5 Services For **THRIVING**

#### Parent Supports



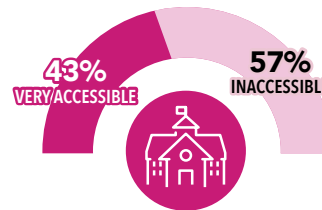
Respondents were asked to rate how accessible Parent Supports are in their community. Parent Supports include caregiver support and programs that strengthen families and reduce the chance of injury, trauma, and maltreatment.

#### Early Childhood Education



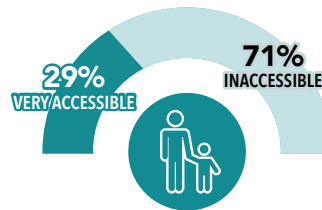
Respondents were asked to rate how accessible Early Childhood Education is in their community. Early Childhood Education strengthens early learning.

#### Community Schools



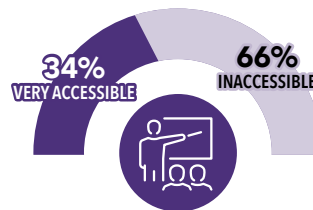
Respondents were asked to rate how accessible Community Schools are in their community. Community Schools offer support with academics, tutoring, family support, and health, and social services.

#### Youth Mentorship Programs



Respondents were asked to rate how accessible Youth Mentorship Programs are in their community. Youth mentors and Youth Mentorship Programs provide strong role models and support for children.

#### Job Training

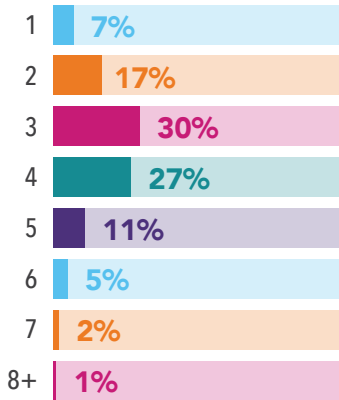


Respondents were asked to rate how accessible Job Training is in their community. Job Training provides access to jobs that offer a livable wage.

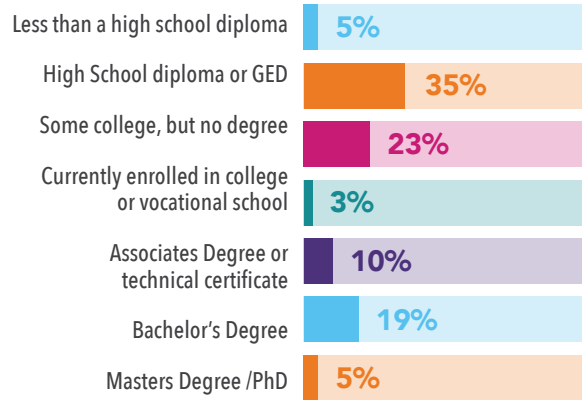
# WHO COMPLETED THE SURVEY?

# 436 people

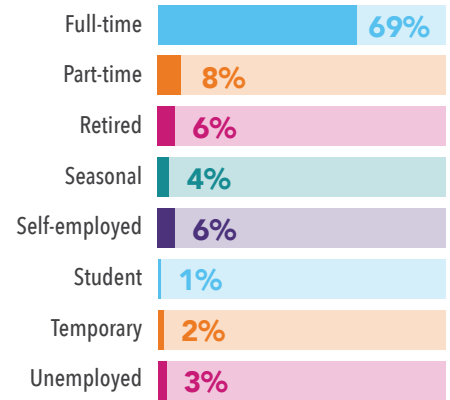
## Household Size



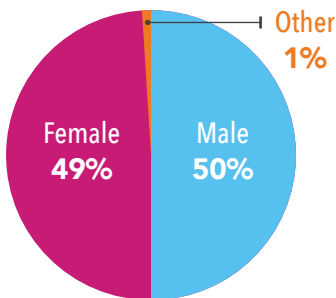
## Level of Education



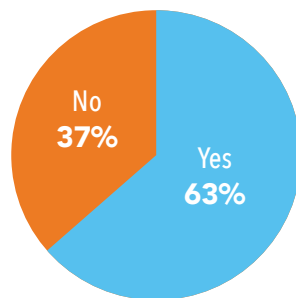
## Employment Status



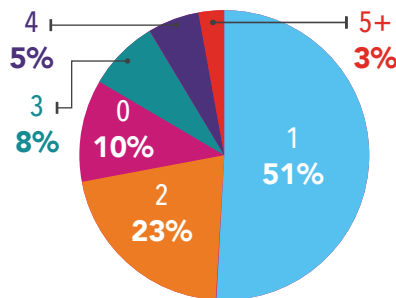
## By Gender



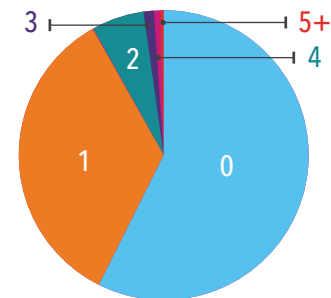
## Parent or Caregiver



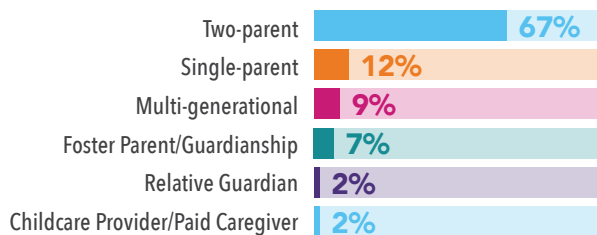
## # of Children (3+)



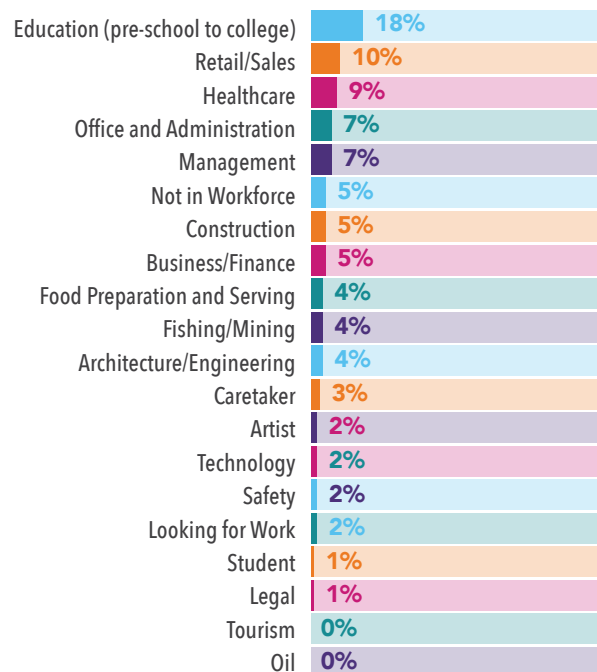
## # of Children (<36 mos)



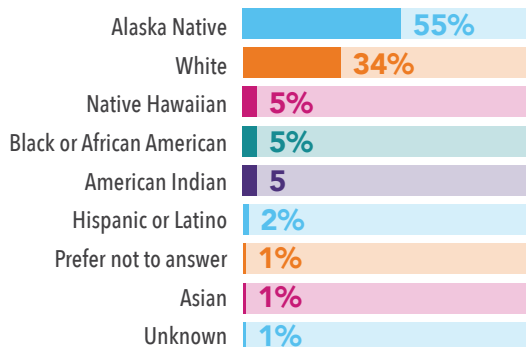
## Household Description



## Occupation



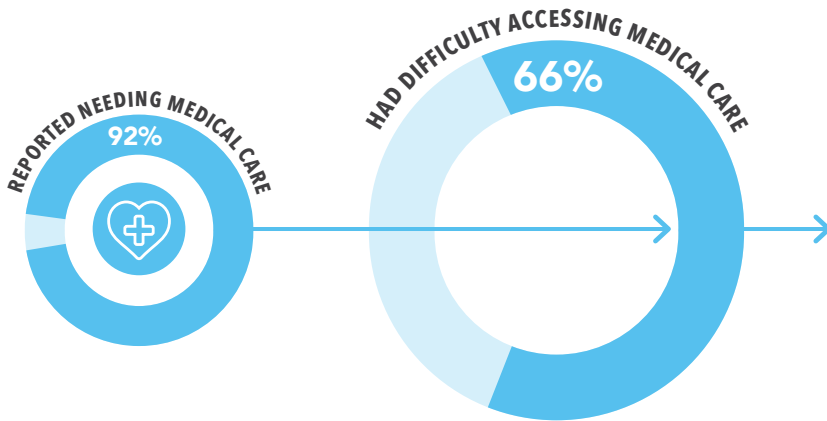
## Ethnicity



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# Understanding the Accessibility to Vital Services

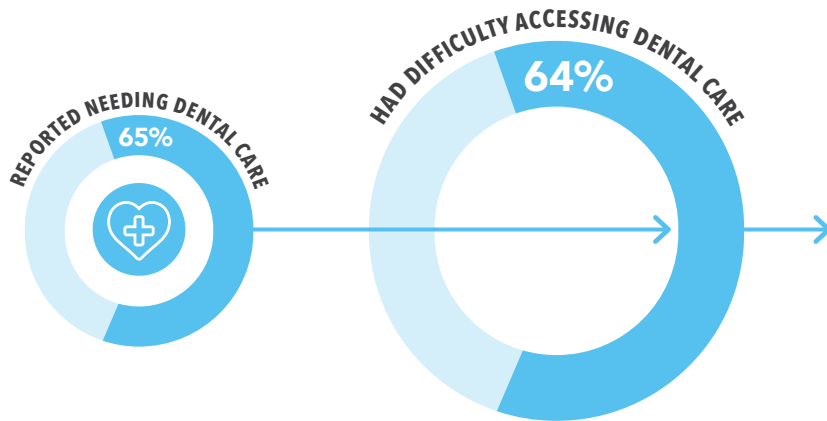
## Medical Care



### BARRIERS TO GETTING MEDICAL CARE

31%	I didn't encounter any barriers
21%	Costs too much
18%	It takes too long to get an appointment
18%	I can't find a quality provider
17%	I feel uncomfortable going
16%	The co-pays are too high
8%	Other
7%	I don't have insurance
5%	They don't accept my insurance
5%	I don't have reliable transportation
3%	No internet access
1%	They don't speak my language

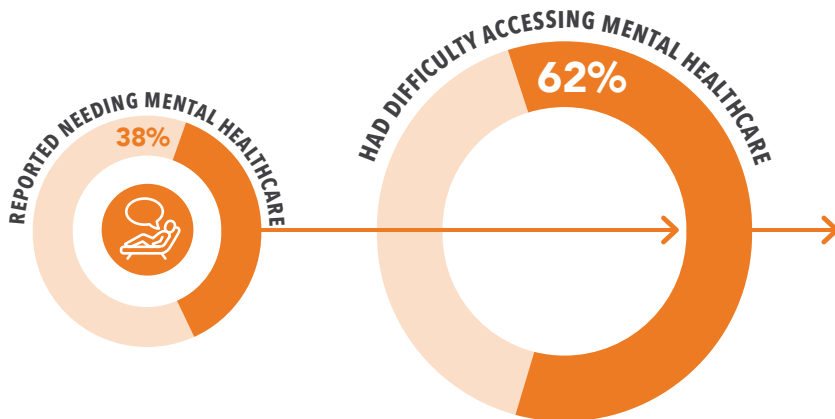
## Dental Care



### BARRIERS TO GETTING DENTAL CARE

31%	I didn't encounter any barriers
30%	Costs too much
25%	It takes too long to get an appointment
15%	I can't find a quality provider
14%	I feel uncomfortable going
13%	The co-pays are too high
7%	Other
6%	I don't have insurance
5%	They don't accept my insurance
2%	I don't have reliable transportation
1%	No internet access
1%	They don't speak my language

## Mental Healthcare



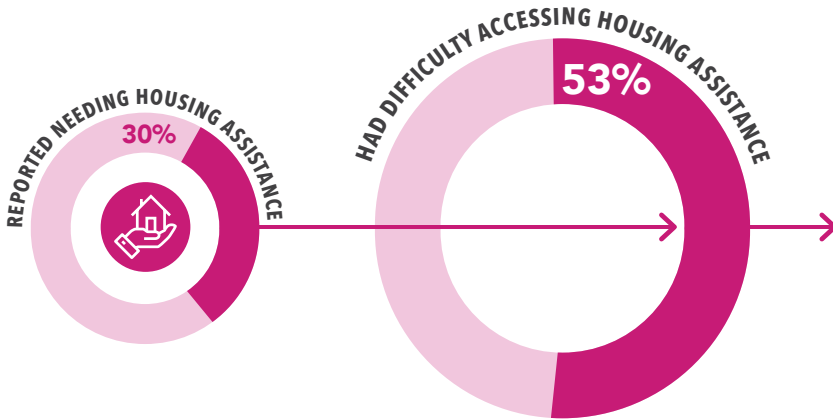
### BARRIERS TO GETTING MENTAL HEALTHCARE

47%	I didn't encounter any barriers
17%	Costs too much
16%	It takes too long to get an appointment
13%	I can't find a quality provider
10%	I feel uncomfortable going
10%	The co-pays are too high
8%	Other
5%	I don't have insurance
4%	They don't accept my insurance
3%	I don't have reliable transportation
3%	No internet access
2%	They don't speak my language

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# Understanding the Accessibility to Vital Services

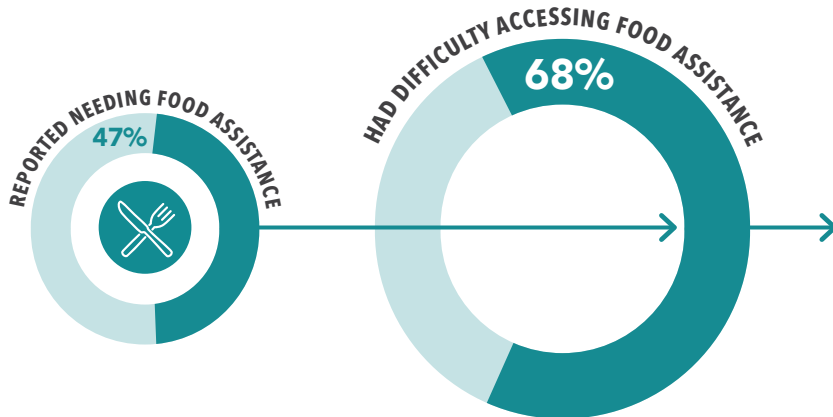
## Housing Security Programs



### BARRIERS TO GETTING HOUSING ASSISTANCE

38%	I didn't encounter any barriers
25%	The wait list is too long
21%	There is no availability
14%	I don't qualify
12%	It takes too long to get an appointment
10%	This service costs too much
9%	Other
6%	Current living structure physically unsafe
3%	I don't know where to get this service
2%	They don't accept my voucher
1%	It's too far away
1%	I don't have reliable transportation
1%	They don't speak my language

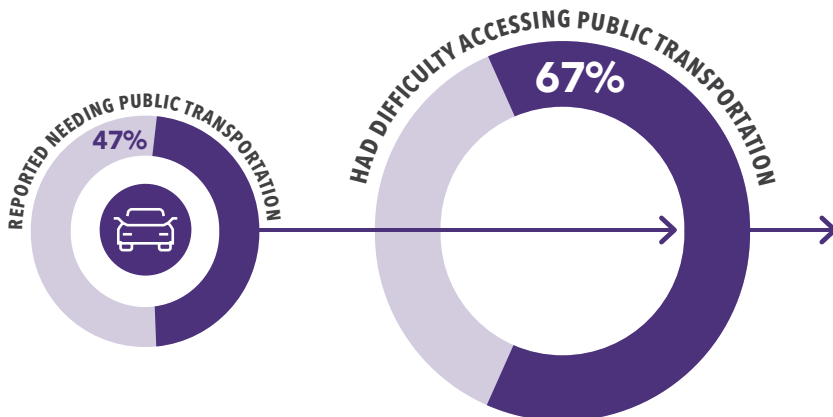
## Food Security Programs



### BARRIERS TO GETTING FOOD ASSISTANCE

37%	I didn't encounter any barriers
17%	I don't have resources to prepare food
16%	I don't qualify
13%	It takes too long to get an appointment
13%	I feel uncomfortable going
12%	Traditional or culturally appropriate food unavailable
8%	Other
7%	I don't know where to get this service
4%	I don't have reliable transportation
2%	No internet access
2%	They don't speak my language

## Public Transportation



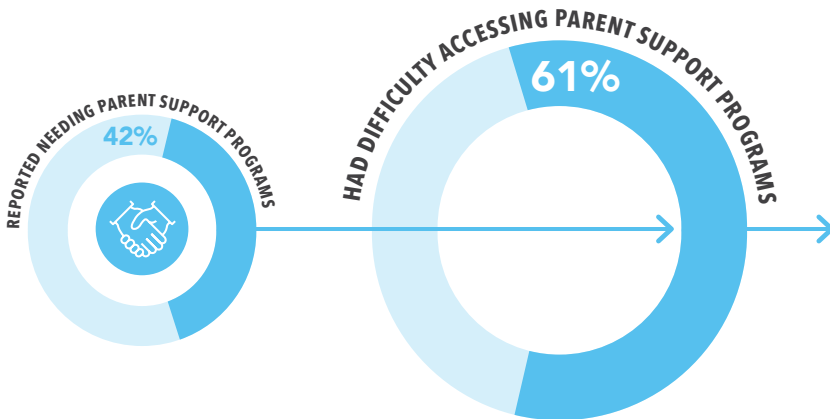
### BARRIERS TO GETTING PUBLIC TRANSPORTATION

37%	I didn't encounter any barriers
22%	It's too far to walk to the bus stop
13%	Other
11%	It doesn't go where I need to go
9%	It doesn't come to where I live
8%	It takes too long
8%	I don't know where to get this service
6%	It doesn't run during the times I need
5%	It costs too much
5%	It isn't safe
4%	I can't find the schedule
2%	They don't speak my language

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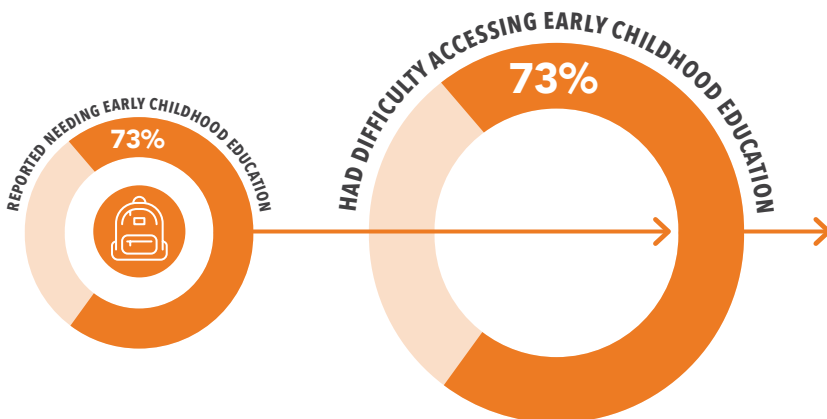
## Parent Supports



### BARRIERS TO GETTING PARENT SUPPORT PROGRAMS

43%	I didn't encounter any barriers
18%	Program/registration times don't work
13%	It takes too long to get an appointment
11%	I don't know where to get this service
10%	There is no availability
9%	I can't find a provider that meet my needs
7%	The wait is too long
7%	I don't qualify
6%	The programs cost too much
6%	Other
5%	It's too far away
3%	I don't have reliable transportation
1%	They don't speak my language

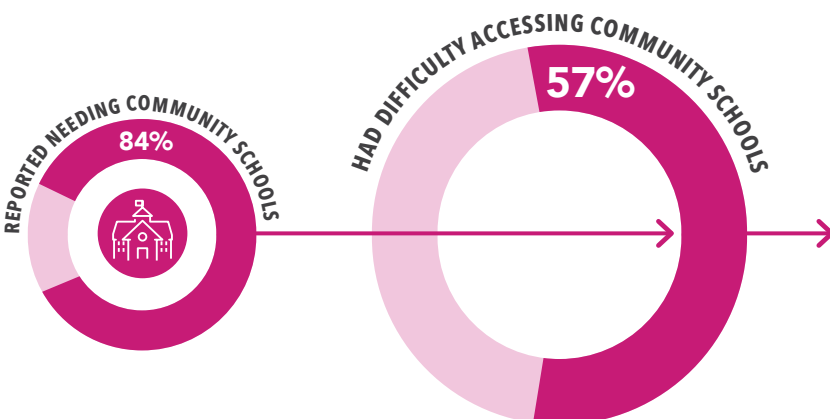
## Early Childhood Education



### BARRIERS TO GETTING EARLY CHILDHOOD EDUCATION

43%	I didn't encounter any barriers
19%	It's too far away
13%	The programs cost too much
12%	Program/registration times don't work
11%	Other
11%	I can't find a quality provider
8%	The wait list is too long
8%	There is no availability
8%	I don't qualify
5%	I can't find a provider that meets my needs
2%	I don't have reliable transportation
2%	I don't know where to get this service
0%	They don't speak my language

## Community Schools



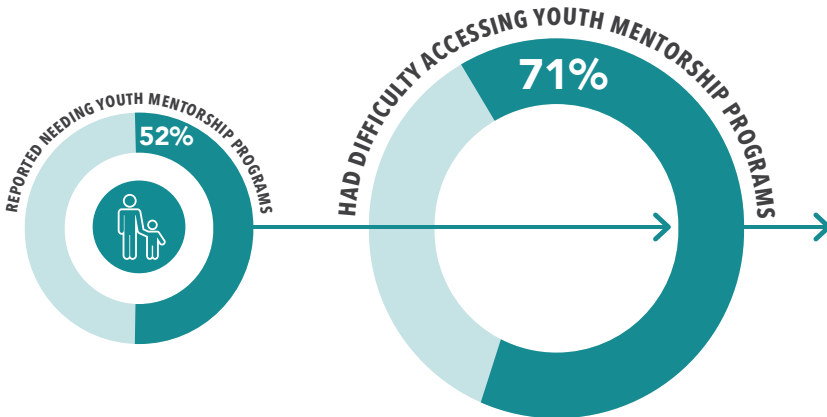
### BARRIERS TO GETTING EARLY COMMUNITY SCHOOLS

39%	I didn't encounter any barriers
23%	There are not enough providers
13%	It's too far away
12%	I don't have reliable transportation
9%	Program/registration times don't work
8%	There is no provider for my child's needs
8%	They don't offer this service
6%	Other
6%	I can't find a quality provider
5%	I don't know where to get this service
5%	The program costs too much
5%	I don't qualify
0%	They don't speak my language

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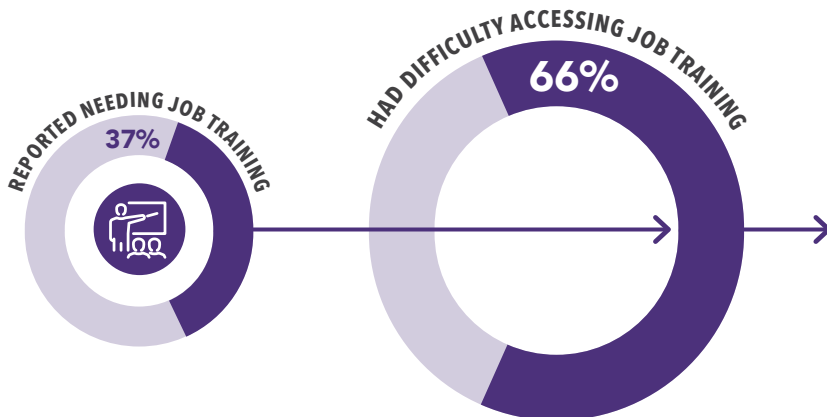
## Youth Mentorship Programs



### BARRIERS TO GETTING YOUTH MENTORSHIP PROGRAMS

66%	I didn't encounter any barriers
10%	I can't find a quality provider
7%	Program/registration times don't work
7%	Other
6%	There is no availability
5%	The program costs too much
4%	It's too far away
4%	The wait list is too long
4%	I don't have reliable transportation
3%	I don't qualify
2%	They don't speak my language
2%	I don't know where to get this service

## Job Training



### BARRIERS TO GETTING JOB TRAINING

51%	I didn't encounter any barriers
13%	The training I want is not offered
11%	I don't know where to get this service
8%	Other
8%	There is no availability
6%	The service costs too much
6%	It takes too long to get an appointment
5%	It's too far away
5%	I don't qualify
3%	The wait list is too long
3%	I don't have reliable transportation
3%	They don't speak my language

If you have questions about this report or want to discuss a 100% Communities Alaska survey for your area, contact **Dr. Charity Carmody** at [charity@alaskaimpactalliance.com](mailto:charity@alaskaimpactalliance.com).

This report was produced by the Alaska Impact Alliance. Find out more at [alaskaimpactalliance.com](http://alaskaimpactalliance.com).