



# Working together to help communities support families.

The Alaska Family Resource Center (FRC) Network is a statewide membership of Family Resource Centers located in select schools and community agencies within Alaska. The AK FRC Network is a member of the National Family Support Network and a project of the Alaska Impact Alliance. Alaska's FRC Network is one of 38 State FRC Networks supporting more than 3,000 FRCs in the U.S.

*Neighborhoods with Family Support Centers had a **26% lower rate** of child abuse and neglect investigations than similar neighborhoods without them.<sup>1</sup>*



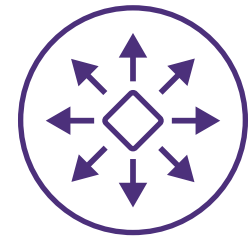
## WHAT ARE THE GOALS OF AN FRC?

- To support families to be strong, healthy, and successful
- To contribute to building a strong and healthy community
- To reduce the likelihood of child abuse and neglect by building the research-based Strengthening Families Protective Factors



## FRCS WORK WITH FAMILIES WITH AN APPROACH THAT IS:

- Multi-generational
- Strengths-based
- Family-centered
- Community-designed



## FRCS WILL OFFER THESE POTENTIAL SERVICES AND MORE:

- Referral and Service Navigation
- Parenting Classes and Support Groups
- Concrete Supports
- Education Assistance
- Family Nights and Other Events

<sup>1</sup> Source

# The Alaska Family Resource Center Network

The purpose of the **Alaska Family Resource Center Network** is to support the development, growth, and sustainability of culturally-responsive Family Resource Centers (FRCs) that build on the strengths and meet the unique and diverse needs of all Alaskan communities and their families.

Members of the **Alaska Family Resource Center Network** are entities that reflect the culture and community of people they serve. Members provide services in their community with the goal of strengthening child protective factors and improving outcomes for families. Members join the Network to be leaders in the family support field.

## Family Pathways Framework

The **Family Pathways Framework** is a guide that outlines three primary paths through which families receive services from Family Resource Centers, each with increasing intensity of service provision and required data tracking.

Alaska FRCs use a **Family Pathways Framework** to support families in the following ways:

### DROP-IN SERVICES

Individuals receive referrals and brief assistance from the Family Resource Center.

Individuals on this path might receive:

- Phone/walk-in information/referrals to another organization
- Non-cash assistance (examples: clothing and food)

#### Data Tracking

Family Resource Center staff tally the number of individuals who receive general services and data is reported on an aggregate level.

### SUPPORT SERVICES

Individuals participate in programs and services at the Family Resource Center.

Individuals on this path might:

- Participate in parenting education programs; life skills, job training or education classes; or health insurance enrollment.
- Receive financial emergency assistance such as housing, utility, or medical aid.

#### Data Tracking

Required demographic and screening questions, program attendance, referrals, and other services.

### DEVELOPMENTAL SERVICES

Families actively work with a family development worker at the Family Resource Center, setting goals, and using assessments to track family progress towards their goals.

Families receive family development work and coordinated case management and might participate in other support or drop-in services as well.

#### Data Tracking

Required demographic and screening questions, The Colorado Family Support Assessment 2.0 (CFSA 2.0), referrals, and goal progress.

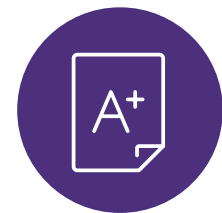
## What Outcomes Do FRCs Achieve?



- \$4.93 Social Return on Investment for every dollar invested
- \$210,000 saved per family on preventing Adverse Childhood Experiences



- Significantly lower rates of community-level child abuse investigations
- 65% reduced rate of substantiated child abuse cases
- 73% reduction in the number of children in foster care



- Improvements in children's educational success
- Gains in family self-sufficiency

Source

If you would like to learn more, please contact [abby@alaskaimpactalliance.com](mailto:abby@alaskaimpactalliance.com)