



Working together to help communities support families.

The Alaska Family Resource Center (FRC) Network is a statewide membership of Family Resource Centers located in select schools and community agencies within Alaska. The AK FRC Network is a member of the National Family Support Network and a project of the Alaska Impact Alliance. Alaska's FRC Network is one of 38 State FRC Networks supporting more than 3,000 FRCs in the U.S.

*Neighborhoods with Family Support Centers had a **26% lower rate** of child abuse and neglect investigations than similar neighborhoods without them.¹*



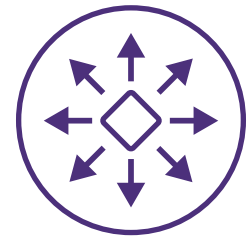
WHAT ARE THE GOALS OF AN FRC?

- To support families to be strong, healthy, and successful
- To contribute to building a strong and healthy community
- To reduce the likelihood of child abuse and neglect by building the research-based Strengthening Families Protective Factors



FRCS WORK WITH FAMILIES WITH AN APPROACH THAT IS:

- Multi-generational
- Strengths-based
- Family-centered
- Community-designed



FRCS WILL OFFER THESE POTENTIAL SERVICES AND MORE:

- Referral and Service Navigation
- Parenting Classes and Support Groups
- Concrete Supports
- Education Assistance
- Family Nights and Other Events

¹ Source

What Outcomes Do FRCs Achieve?



- \$4.93 Social Return on Investment for every dollar invested
- \$210,000 saved per family on preventing Adverse Childhood Experiences



- Significantly lower rates of community-level child abuse investigations
- 65% reduced rate of substantiated child abuse cases
- 73% reduction in the number of children in foster care



- Improvements in children's educational success
- Gains in family self-sufficiency

Source

The Alaska Family Resource Center Network

ORGANIZATION

With the support of the Alaska Mental Health Trust Authority, the Office of Children's Services, and the Child Welfare Academy, the AK FRC Network and its Member FRCs are receiving implementation support, training, evidence-based assessment tools, program evaluation, and leadership coaching from Colorado's Family Resource Center Association. Colorado's FRC Association has been supporting 32 Member FRCs successfully for over 30 years in their State with a proven track record of family support and maltreatment reduction. Several school districts and agencies have already opened their FRCs or are in the process of gathering community feedback for program design.

STANDARDS

Alaska's FRC Network will adhere to the National Family Support Network's best practices, common language, training, and certification. With generous support from the Alaska Mental Health Trust Authority, Help Me Grow Alaska, and Connect Mat-Su, Alaska's Member FRCs will have access to a multi-user Family Support Database and Referral System. Although each FRC within Alaska will offer services tailored for that community, statewide standardization and evaluation will allow for a better understanding of what services best serve Alaska's families.

TRAINING

The University of Alaska Child Welfare Academy and Member FRC certified trainers will be providing training for Member FRC leaders and staff.

Schools and Agencies Interested or Currently Hosting a Family Resource Center

SCHOOL-BASED

Anchorage School District
Fairbanks North Star Borough School District
Kodiak Island Borough School District
Juneau School District

COMMUNITY-BASED

Alaska Family Services
(Anchorage, Mat-Su, Kenai, and Homer)
Alaska Behavioral Health (Anchorage and Fairbanks)
Alaska Youth and Family Network
(Anchorage and Mat-Su)
Beacon Hill (Anchorage and Mat-Su)
Chugachmiut (Chugach Region)
Juneau Youth Services (Juneau)
Knik Tribe (Mat-Su)
Nome Community Center (Nome)
Residential Youth Care (Ketchikan)
Resource Center for Parents and Children (Fairbanks)
Southcentral Alliance for Family Resilience
(Southcentral Region)
Southeast Alaska Association for the Education
of Young Children (Juneau)
Volunteers of America Alaska (Statewide)

If you would like to learn more, please contact Charity@alaskaimpactalliance.com